Off the Shelf

Did you know?

African American Olympic athlete **Archie Williams** was **born in Oakland, CA** on **May 1, 1915**. Williams, along with Jesse Owens, defeated German athletes at the 1936 Berlin Olympics & helped debunk Adolf Hitler's theory of Aryan racial superiority. Williams won a gold medal in the 400-meter race. After the Olympics, he went on to earn a mechanical engineering degree from the University of California-Berkeley but faced discrimination & wound up digging ditches. He later became an airplane pilot & trained Tuskegee Institute pilots including the famed Tuskegee Airmen of World War II.

May 6 – 12 is National Nurses Week – though here at P.I.T. Library we celebrate all month long**.**

May 8th is National Student Nurses Day.

British nurse & public health activist **Florence Nightingale was born on May 12, 1820** in Florence, Italy. She volunteered to aid British troops in Turkey where she improved hospital sanitary conditions & greatly reduced the death rate for wounded & sick soldiers. She received worldwide acclaim for her unselfish devotion to nursing, contributed to the development of modern nursing procedures, & emphasized the dignity of nursing as a profession for women.

On **May 7, 1992**, the **27th Amendment** to the **U.S. Constitution** was **ratified**. It prohibits Congress from giving itself pay raises.

On **May 17, 1954**, in **Brown v. Board of Education**, the **U.S. Supreme Court unanimously ruled** that **segregation of public schools "solely on the basis of race" denies black children "equal educational opportunity"** even though "physical facilities and other 'tangible' factors may have been equal. Separate educational facilities are inherently unequal." Thurgood Marshall had argued the case before the Court. He went to become the first African American appointed to the Supreme Court.

May 27, 2019 is Memorial Day – intended to remember those who died while serving in the U.S. armed forces.

Library Trivia

May 28th is the birthday of what famous Olympian & where is he buried?

❧ WORDS OF WISDOM ☙
Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

This modified "Hippocratic Oath" was composed in 1893 by Mrs. Lystra E. Gretter and a Committee for the Farrand Training School for Nurses, Detroit, Michigan. It was called the Florence Nightingale Pledge as a token of esteem for the founder of modern nursing.

Nurses4Us: Elevating the Profession

NATIONAL NURSES WEEK

In 1993, the American Nurses Association declared May 6-12 as the national week to celebrate & elevate the nursing profession.

National Nurses Week is a time for everyone – individuals, employers, other health care professionals, community leaders, & nurses – to recognize the vast contributions & positive impact of America's 4 million registered nurses.

Each year, the National Nurses Week celebration begins each year on May 6th & ends on May 12th, Florence Nightingale's birthday. These permanent dates enhance planning &

position National Nurses Week as an established recognition event. As of 1998, May 8 was designated as National Student Nurses Day, to be celebrated annually. And as of 2003, National School Nurse Day is celebrated on the Wednesday within National Nurses Week (May 6-12) each year.

The nursing profession has been supported & promoted by the American Nurses Association (ANA) since 1896. Each of ANA's state & territorial nurses associations promotes the nursing profession at the state & regional levels. Each conducts celebrations on these dates to recognize the contributions that nurses & nursing make to the community.

The ANA supports & encourages National Nurses Week recognition programs through the state & district nurses associations, other specialty nursing organizations, educational facilities, & independent health care companies & institutions.

A Brief History of National Nurses Week

1953 - Dorothy Sutherland of the U.S. Department of Health, Education, & Welfare sent a proposal to President Eisenhower to proclaim a "Nurse Day" in October of the following year. The proclamation was never made.

1954 – National Nurse Week was observed from October 11 - 16. The year of the observance marked the 100th anniversary of Florence Nightingale's mission to Crimea. Representative Frances P. Bolton sponsored the bill for a nurse week. Apparently, a bill for a National Nurse Week was introduced in the 1955 Congress, but no action was taken. Congress discontinued its practice of joint resolutions for national weeks of various kinds.

1972 - Again a resolution was presented by the House of Representatives for the President to proclaim "National Registered Nurse Day." It did not occur. 1974 In January of that year, the International Council of

Nurses (ICN) proclaimed that May 12 would be "International Nurse Day." (May 12 is the birthday of Florence Nightingale.) Since 1965, the ICN has celebrated "International Nurse Day."

1974 - In February of that year, a week was designated by the White House as National Nurse Week, & President Nixon issued a proclamation.

1978 - New Jersey Governor Brendon Byrne declared May 6 as "Nurses Day." Edward Scanlan, of Red Bank, N.J., took up the cause to perpetuate the recognition of nurses in his state. Mr. Scanlan had this date listed in Chase's Calendar of Annual Events. He promoted the celebration on his own.

1981 - ANA, along with various nursing organizations, rallied to support a resolution initiated by nurses in New Mexico, through their Congressman, Manuel Lujan, to have May 6, 1982, established as "National Recognition Day for Nurses."

1982 - In February, the ANA Board of Directors formally acknowledged May 6, 1982 as "National Nurses Day." The action affirmed a joint resolution of the United States Congress designating May 6 as "National Recognition Day for Nurses."

1982 - President Ronald Reagan signed a proclamation on March 25, proclaiming "National Recognition Day for Nurses" to be May 6, 1982.

1990 - The ANA Board of Directors expanded the recognition of nurses to a week-long celebration, declaring May 6 - 12, 1991, as National Nurses Week.

1993 - The ANA Board of Directors designated May 6 - 12 as permanent dates to observe National Nurses Week in 1994 & in all subsequent years.

1996 - The ANA initiated "National RN Recognition Day" on May 6, 1996, to honor the nation's indispensable registered nurses for their tireless commitment 365 days a year. The ANA encourages its state & territorial nurses associations & other organizations to acknowledge May 6, 1996 as "National RN Recognition Day."
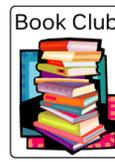
1997 - The ANA Board of Directors, at the request of the National Student Nurses Association, designated May 8 as National Student Nurses Day.

✑ MORE WORDS OF WISDOM ✑
"Nurses dispense comfort, compassion, and caring without even a prescription."
~ Val Saintsbury

P.I.T. Neighborhood Book Club

If you were paying attention last month, you probably caught the reference to the new P.I.T. Neighborhood Book Club. Here's how things currently stand for the club.

Faculty & Staff are welcome to attend the **organizational meeting** on **Thursday, May 16th** from **6-7 pm at P.I.T.** downstairs **in the Cafe**.

Although I've provided directions to the café to our neighbors & I'll remind them closer to the date, please be sure to point the way for anyone you see who seems lost. We know that at least one person will use the ramp at the rear of the building.

During the meeting we will review the basic process for the book club. The biggest thing we will do is select the 1st book. We have a few suggestions & we will provide summaries & reviews, plus a ballot so that the members can vote on their choice. We can use the other recommendations to choose future books.

At this point, we have 23 neighbors who have expressed interest in participating. Please stop by the Library to let Lynea know if you are also interested in participating in our brand new P.I.T. Neighborhood Book Club.
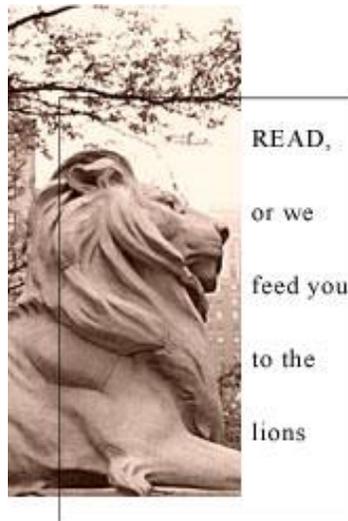
Lions 96 ; Non-readers 0

100 Reasons to Read

1. Helps you learn new things
2. Go on and adventure without leaving your house
3. Expand your vocabulary
4. Learn from someone else
5. Sharpens your brain
6. Helps you grow
7. Relaxes you
8. You can try different genres
9. Helps your spelling
10. Makes you happier
11. Increases worldview
12. Helps you dream big
13. Makes you think
14. Helps increase emotional intelligence
15. Lets you learn about new people
16. Kills boredom
17. Shows you a new perspective
18. Challenges your perspective
19. Helps improve your writing
20. Shows you what's possible
21. Helps you focus
22. Improves conversational skills
23. Inspires you
24. Makes you a better leader
25. Gives you fresh ideas
26. Increases attention span
27. Helps you learn a new skill
28. Makes history easier to remember
29. Helps problem solving skills
30. It's fun
31. Helps spend time off electronics
32. Increases reading speed
33. Teaches you fun facts
34. Inexpensive
35. Helps you appreciate new things
36. To explore new places
37. You get to visit the library more
38. Encourages you to think
39. Travel back in time
40. Travel forward in time
41. Travel to a new world!
42. Increases concentration
43. Helps with development
44. Develop empathy
45. Gives you something to do
46. Boosts brain power
47. Helps you in school
48. Takes you on a journey
49. Relieves stress
50. Temporarily escape reality
51. Variety of options
52. Keeps your brain busy
53. Can be great for bonding time
54. Helps you speak better
55. Improves critical thinking
56. Helps you feel smarter
57. Learn something new
58. Great for all age ranges
59. Easily portable
60. Helps you sleep before bed
61. Find inspiration
62. Helps your grammar
63. Improve your brain
64. Builds self confidence
65. Inspires you to try something new
66. Brightens you day
67. Shows you more than the movie
68. Learn about your country's history
69. Gives you something to think about
70. Makes you wonder
71. Experience another culture
72. Keeps you busy
73. Builds self-esteem
74. It's entertaining
75. Stimulate your brain
76. Great for self-improvement
77. Helps your communication
78. Can make you feel any emotion
79. Gives you something to discuss

80.   Makes you feel good
81.   Can help you meet new people
82.   You can do it anywhere
83.   Improve language skills
84.   Increases comprehension
85.   Helps with story telling
86.   Learn how the world works
87.   Fuels you imagination
88.   Makes you curious
89.   Improves your memory
90.   Learn more about language
91.   Read at your own pace
92.   Challenges you
93.   Boosts creativity
94.   Helps you tell stories better
95.   Gives you something to talk about
96.   You can read aloud
97.   You can read with a friend
98.   You can read my yourself
99.   There are so many good books
100. Because you can!

❧ MORE WORDS OF WISDOM ❧

"Books are the treasured wealth of the world and the fit inheritance of generations and nations."   ~ Henry David Thoreau
Walden

On the Web:
About *MedlinePlus*

MedlinePlus is a free online health information resource from the United States' National Library of Medicine (NLM). This is not a comprehensive review of the entire site, but a general overview that highlights some key areas.

MedlinePlus (the National Institutes of Health's Web site) is geared to provide information for patients & the general public. It is intended to be a consumer-based resource & not for medical professionals, though many medical professionals do use it. The site brings you information about diseases, conditions, & wellness issues in language you can understand.

MedlinePlus offers reliable, authoritative, & up-to-date health information, anytime, anywhere, for free. The information within *MedlinePlus* provides selected links to reliable healthcare web sites & information developed at the National Library of Medicine, the world's largest medical library. It includes links to over 1,000 diseases, conditions, & medical topics, including the *A.D.A.M.* medical encyclopedia & the *Merriam-Webster Medical Dictionary.* Information from over 1,000 organizations containing over 35,000 links to authoritative health information is included.

Use *MedlinePlus* to learn about the latest treatments, look up information on a drug or supplement, find out the meanings of words, or view medical videos or illustrations. You can also get links to the latest medical research on your topic or find out about clinical trials on a disease or condition. There are directories, a medical encyclopedia, health information in Spanish, extensive information on prescription & nonprescription drugs, & links to thousands of clinical trials.

MedlinePlus is updated daily & can be accessed at the URL: https://medlineplus.gov/. It uses a single search box with an autocomplete/spellcheck feature for those medical terms or conditions that are tough to correctly spell. The site has three main sections: Health Topics, Drugs & Supplements, and Videos & Tools. The links to each section are in the lower part of the header information on each page.

Searching

The search algorithm usually retrieves numerous results & provides a general overview of the health condition. This helps a patient or family member comprehend the topic in easy to understand terms. On the left side of the page is a list of options to refine the results by type. A sample search on "Diabetes" displays resulted in 5,939 results. There are many different ways to limit the search set, including new stories, videos, & information on drugs & supplements associated with diabetes.

Drugs & Supplements

The Drugs & Supplements section provides webpages to help consumers locate reliable information on drugs, herbs, & supplements. This information is available "from AHFS® Consumer Medication Information, copyrighted by the American Society of Health-System Pharmacists (ASHP), Inc." The section is divided into two separate sections; one for drugs & one for Herbs & Supplements. The Drugs area is designed to help consumers learn about "prescription drugs & over-the-counter medicines" including: side effects, dosage, & special precautions, plus other information. The page is designed so you can browse by the generic or brand name of the drug.

The Herbs & Supplements page is also organized as an alphabetical list of each herb or supplements. Although it is not comprehensive, it contains reliable information on many of the most common herbs & supplements. The listings from the Natural Medicines Comprehensive Database are especially helpful with commentary under the following headings:

- What is it?
- How effective is it?
- How does it work?
- Are there safety concerns?
- Are there interactions with medications?
- Are there interactions with herbs & supplements?
- Are there interactions with foods?
- What dose is used?
- Other names
- Methodology
- References

The "How effective is it?" heading will explains if an herb or supplement has any information on its effectiveness & will indicate if there is no information on its effectiveness. Even if there is no evidence of an herb or supplement having been proven effective or not, there is usually information on the relative safety of the listed compounds. The "Other names" heading assists in finding alternative names for a listed herb or supplement.

Final Thoughts

If you are interested in articles about *MedlinePlus*, including its development, outreach, research & patient education, links to those articles can be found on the right side of the About *MedlinePlus* page. The FAQ page also includes a good explanation of the difference between *MedlinePlus* & *Medline/PubMed*.

❧ MORE WORDS OF WISDOM ❧

Nursing is an art;
and if it is to be made an art,
it requires as exclusive a devotion,
as hard a preparation,
as any painter's or sculptor's work;

for what is the having to do with
dead canvas or cold marble,
compared with having to do with the
living body - the temple of God's spirit?

It is one of the Fine Arts;
I had almost said
the finest of the Fine Arts

- **Florence Nightingale**

From the Director's Shelf…

As many of you may know…I am the daughter of a Registered Nurse. That's why we celebrate nurses all month at P.I.T. Library instead of just for one week. I encourage anyone enrolled in the Practical Nursing program (or interested in it or any medical field) or if you have an interest in history, to stop

by to see the collection of nursing memorabilia that is in the Library's display cabinet. Nearly all of it belonged to my mother & much of it dates to her years in training (such as her student uniform) or working (her cap & licenses). It's true that the Cherry Ames books were mine growing up. If you're not familiar with her, she's the nurse equivalent of Nancy Drew.

My mother was proud to be a Lankenau nurse – a graduate of Lankenau Hospital's School of Nursing. You can see her pin in the cabinet with the LH on it. She entered nursing school during World War II but, like many of you, she couldn't afford the tuition. So she signed up for the government's Nurse Cadet Corps. Young women would agree to serve as an Army or Navy nurse in exchange for a free education. It turned out that by the time my mother was finished her training, nurses were starting to be shipped home, but she could have been drafted had there been a need to call up more nurses.

My mother enjoyed her time working as a nurse & believed that she was fortunate (her term) that, after her training, to spend most of her working years at one end of nursing or the other. As a student, she had the experiences of working in all of the areas of the hospital (the stories she would tell us about nights in the E.R….). She preferred to drink tea, but she learned to drink coffee while she was in training & working at hospitals because that was all the cafeteria supplied during the night.

Returning to my comment about one end of nursing or the other…My mother spent a lot of her working years in 2 specific areas of care: maternity (especially labor & delivery) & nursing home care (personal care, long term nursing, & palliative care). She enjoyed both areas for different reasons. Obviously, in labor & delivery she was assisting new lives into the world. (This was in the days of everyone, including Dad, staying in the waiting room.) She also thoroughly enjoyed working in nursing homes/retirement facilities because she really got to know the residents. They were there long-term & were usually there each time she went back.

She also enjoyed the nursing homes because her duties varied. She worked part-time in those years, so she wasn't always in the same department. Some days she was on one of the floors of the full-care nursing area or the memory care area, & another day she

would walk around the campus providing medical care in the residents' apartments (ex. a weekly vitamin shot or changing bandages).

I hope that you enjoy seeing some of these pieces of history from the nursing field. If you have any questions about anything, please feel free to ask me.

Still confused or have questions about anything related to the Library? You don't have to be on campus to get my help! The Director of the Library, Lynea Anderman, is available to assist by phone (610-892-1524), Ask a Librarian e-form, email (landerman@pit.edu or library@pit.edu), or fax (610-892-1523) -- or just stop by the Library to speak to me.
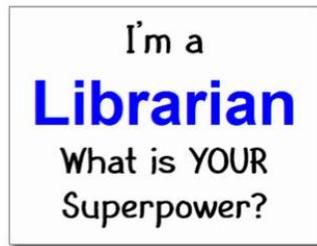
Lynea @your library™

ΧΑΕ   ΦΘΚ

Spoken here
See: Lynea Anderman
OR Mark Whitehead
Have questions about either organization? Contact us…

I'm a **Librarian** What is YOUR Superpower?

☙ MORE WORDS OF WISDOM ❧

"Librarian: Information Master. One to be worshiped. Librarians wield unfathomable power, bring order to chaos, wisdom and culture to the masses, preserve every aspect of human knowledge and rule the information universe."   *~Urban Dictionary*

ELECTRONIC RESOURCES @ P.I.T. Library!

The Library provides access to an array of online databases accessing full text books, journal articles, reference materials, pamphlets & other print material; plus graphic or video materials when available.

I continue to review additional databases, so keep watching for announcements of new databases to support your research.

For **EASIEST ACCESS TO THE DATABASES:** click on the link found on the "Online Library" website. The databases listed below are those that the Library subscribes to on your

behalf. They are excellent tools for your research.

Academic OneFile: any subjects – primarily full-text articles from journals, magazines, newspapers, books; plus video & audio.

AccessEngineering: engineering and related subjects – hundreds of full-text books including major handbooks, multimedia, global engineering news, & more.

AccessPhysiotherapy: physical therapy & related subjects – numerous full-text PT textbooks, multimedia, integrated drug database, & more.

AccessScience: any science subject – full-text journal articles & full-text from reference materials.

Credo Reference: any subject. Full-text articles plus thousands images, audio files, & videos, plus the ability to create Mind Maps showing the relationships between topics.

Encyclopædia Britannica Online: any subject. This is the full-text of the encyclopedia plus limited full-text journal articles.

Ferguson's Career Guidance Center: comprehensive full-text career resources.

Gale Biography in Context: full-text biographical information from a variety of resources including academic journal, book excerpts, video, audio, etc.

Gale Virtual Reference Library: full-text ebooks on a range of subjects.

Health and Wellness Resource Center with Alternative Health Module: medical & health subjects – full text reference materials & journal articles, plus video resources.

Jstor: any subjects – many full-text journal articles (Trial database)

Merriam-Webster Unabridged Dictionary: largest & most comprehensive American dictionary.

Nursing Resource Center: supports nursing students & faculty; results reflect the "nursing process" – full text reference materials, textbooks, journal articles, & video resources.

Proquest Ebook Complete: full-text ebooks on any topic.

Small Business Resource Center: supports business students & faculty; focusing particularly on small business & entrepreneurship – full text reference materials, business plans, journal articles, & websites.

All electronic resources can be accessed on campus & most can be accessed from home using the passwords available from the Librarian. Instructions & training are available

from Lynea for anyone who is interested in using these databases, including faculty & staff groups or individuals. It's never too late to ask for assistance! **Quick start guides or searching tip sheets** for these databases are available on the Library's online Research & Subject Guides & in the Library.

∽ MORE WORDS OF WISDOM ∾

"True leaders understand that leadership is not about them but about those they serve. It is not about exalting themselves but about lifting others up." ~ Sheri L. Dew

Library Trivia Answer

All-around athlete Jim was born near Prague, OK on May 28, 1888. He won the pentathlon & decathlon events at the 1912 Olympic Games and also played professional baseball & football. He is buried just outside of Jim Thorpe, PA. The community was originally known as Mauch Chunk but was renamed in Thorpe's honor when his wife accepted the town's offer to bury him there.

∽ MORE WORDS OF WISDOM ∾

Nurses are the heart of healthcare.
~ Donna Wilk Cardill
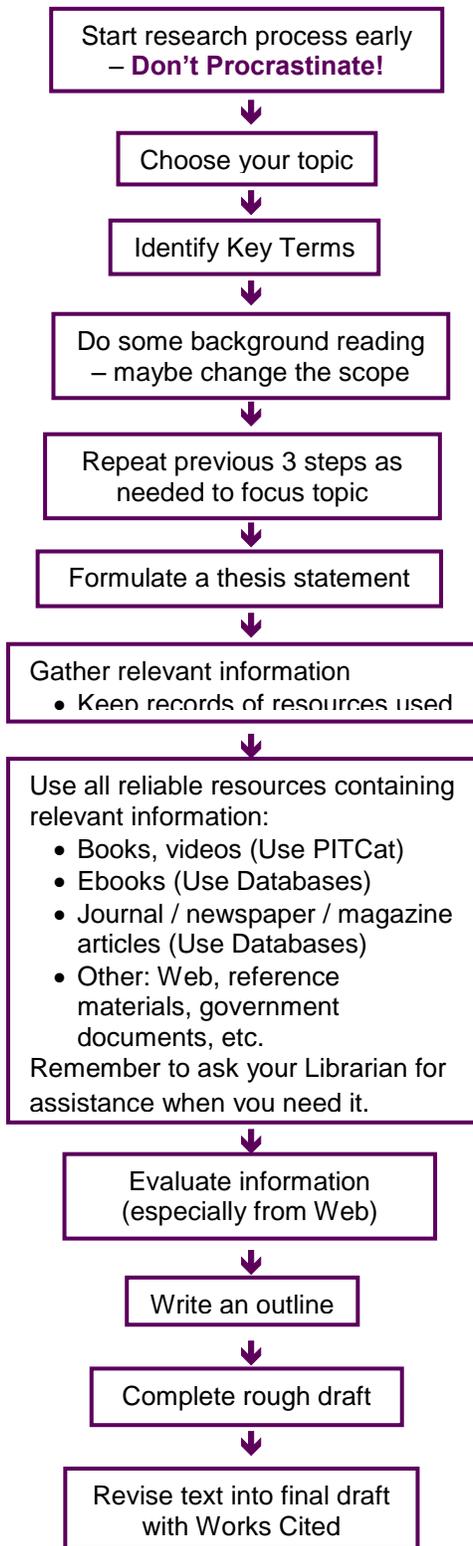
Library Photocopier Use Policies

The Library's photocopier is a fee-based copier for individual use. It is not intended for mass copy projects. All copies must be paid for, in advance, at the copier.

- ∞ Copier Fees: 8½" x 11" = 10¢
  11" x 17" = 20¢
- ∞ The copier takes nickels, dimes, quarters, $1 bills, and $5 bills.
  - o Please do not use a $5 bill if you are making only a few copies.
  - o You can get change for larger denomination bills in the Business Office.
- ∞ The copier does not make double-sided copies.
- ∞ The copier is to be used on a first-come/first-served basis.
- ∞ If the copier jams, you must contact the Librarian immediately.

FACULTY – The Library does not have a bypass key or code for this copier. If you need photocopies for class, please remember to make them in advance at a staff photocopier. The Library cannot provide photocopies for your class.

P.I.T. Library Research: A Flowchart of the Steps

Start research process early – **Don't Procrastinate!**

↓

Choose your topic

↓

Identify Key Terms

↓

Do some background reading – maybe change the scope

↓

Repeat previous 3 steps as needed to focus topic

↓

Formulate a thesis statement

↓

Gather relevant information
- Keep records of resources used

↓

Use all reliable resources containing relevant information:
- Books, videos (Use PITCat)
- Ebooks (Use Databases)
- Journal / newspaper / magazine articles (Use Databases)
- Other: Web, reference materials, government documents, etc.

Remember to ask your Librarian for assistance when you need it.

↓

Evaluate information (especially from Web)

↓

Write an outline

↓

Complete rough draft

↓

Revise text into final draft with Works Cited

Protect Yourself from 𝕱𝖆𝖐𝖊 𝕹𝖊𝖜𝖘

Does the headline sound unrealistic? Don't believe everything you read.

Check the URL. Does it have any odd suffixes or substitutions?

Check the author's credentials. Skip anonymous news reports.

Make sure the headline and/or picture matches the content.

Consult and compare competing sources.

Fact check stories with sites like Snopes, Politico, and Politifact.

Dig deeper. Follow up on cited sources and quotes.

Beware online "filter bubbles" that show you only items that are similar to items you have liked.

Be open-minded. Ask questions.

∽ MORE WORDS OF WISDOM ∾

"Life is not easy for any of us. But what of that? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained."
~ Marie Curie
Chemist, Physicist,
& 2-time Nobel Prize winner

Current & Upcoming Library Displays!

For May, our display recognizes nurses in honor of National Nurses Week, which is this month.

Feel free to stop by the Library to see what's included in the display. Stop by to see some amazing nursing memorabilia from P.I.T. & other nursing schools! Most of these items belonged to Carol Anderman, R.N. who was a Lankenau trained nurse through the

Nurse Cadet Corps. Feel free to ask Lynea if you have questions about any of the items in the display.

Normally, print and/or video resources that are included in the display are usually from the P.I.T. Library collection & most can be checked out. If there are no other items in the cabinet you can slide the doors open to get them. Just ask Lynea if you need any other assistance. If you have suggestions for future display topics, feel free to email Lynea at: landerman@pit.edu.

Questions to Ask for Successful Searching

As you begin your research, remember to consider these questions:

1. What is your topic? Think concepts, not sentences.
2. What are your search terms? Words related to your topic or concept.
3. Where will you find the resources you need to fulfill the assignment? Choose the best resources: Library Catalog (for print & electronic books, AV, recommended websites), Databases, Websites.
4. Did I use the Advanced Search option & my terms from Step 2?

Results:
✓ No results? Check your spelling. Choose different terms (use synonyms). Change your resource.
✓ Too many? Add more terms to reduce the results.
✓ Too few? Remove terms, limits, choose a broader term or try a different database.

Still confused? Contact your Librarian for assistance:
✓ In person at the Library in Media;
✓ Use the Ask a Librarian page;
✓ phone: 610-892-1524;
✓ fax: 610-892-1523; or
✓ email: library@pit.edu,
✓ Lynea: landerman@pit.edu.
(P.S. You can contact me for assistance at any point in your research.)

P.I.T. Library's Research and Subject Guides

Your friendly P.I.T. librarian is always trying to make your academic life a little easier. In order to try to ease some of your research stress, I've created topic-specific research & subject guides that are electronic. These are customized web guides containing recommended resources & searching tips. This information is presented in an organized, user-friendly way. Each page consists of several tabs, including "Finding Books," "Finding Articles," and "Website Resources." These guides are accessed through the "**Research and Subject Guides**" link on P.I.T.'s Online Library page.

We have had several program area guides as well as more general guides for research, job searching, the *Affordable Care Act*, & even research apps. All of the existing Research & Subject Guides have recently been updated. One of the newer changes to the Research & Subject Guides is the addition of the database tip sheets to the pages where the database links are located. In most cases, the database tip sheets are located in the box beneath the one that contains the database list. That way, you don't have to scroll through the database links AND the tip sheet links, if you only want the database link. Additionally, several newer research guides are available to you, including: *Financial Literacy, Sexual Assault Awareness and Prevention*, *Coping with Tragedy and Violence,* & our newest guide, *Criminal Justice*. Several more are currently being developed for new areas. As soon as I decide that the guide contains enough information to be useful to you, I publish it…even if I am still adding information to it. The *Career Resources* guide has recently been updated & I have more information that will be added shortly. Our Research & Subject Guides are ever evolving -- the possibilities are endless.

I can create these resource guides around a particular course, assignment, or topic. Faculty members should feel free to contact me (Lynea)

about specific topics for new Research & Subject Guides or to recommend particular resources as additions to an existing Research & Subject Guide. The Library's Research & Subject Guides are fully accessible from home but links to the Library's subscription databases will still require a user name and/or password. Links to the *PITCat* (for book searching) & the Web are free to use anywhere. Contact & basic library information is included on every guide. Check them out at http://pit.libguides.com/ or click on the "**Research and Subject Guides**" link on our Online Library webpage.

PITCat: the Library's online catalog

Looking for a book or video? Check **PITCat**, our online catalog, accessible from any computer with internet access. Go to**: http://pitcat.pit.edu** & search our catalog to determine what resources we own or provide access.

ATTENTION: ID-Card Photo Session Schedule

Lynea is available in the Library for ID/Library Card photos during the following times:

Monday – Wednesday	**9:00 am to 4:30 pm**
Thursday	**10:00 am to 5:30 pm**
Friday	**8:30 am to 4:00 pm**

If you can't get your ID/Library Card photo taken during one of these times, stop by the Library to arrange an appointment with Lynea!

Off the Shelf is a monthly newsletter designed to inform P.I.T. students, faculty & staff of services, resources, & developments in the Library. If you have ideas for future issues, please contact Lynea Anderman at (610) 892-1524, by fax at (610) 892-1523 or by email at landerman@pit.edu or library@pit.edu